



6<sup>th</sup>

International Annual MNDU Conference (NEPHRO-MANSOURA 2016)

Cardio- Metabolic-Nephrology Summit (1) & Glomerular Disorders

Internal Medicine Department

Mansoura University Hospitals



يسر وحدة الكلى و الديليزة بمستشفى المنصورة الجامعي بالتعاون مع نقابة أطباء دمياط

دعوة سيادتكم لحضور ندوة

بعنوان

How to practice medicine outside Egypt : Ask the Experts

بحضور



أ.د/ ايمن كمال

أستاذ أمراض الكلى - جامعة Manchester



أ.د/ عمرو الحسيني

أستاذ أمراض الكلى - جامعة Kentucky

وذلك يوم السبت الموافق ١٩ مارس ٢٠١٦

الساعة الثالثة عصرا

نادي الحكمة - رأس البر



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# How to Practice Medicine in America

**Amr El-Husseini Mohamed,**  
**MD, FACP, FASN**

**Associate Professor**  
**University of Kentucky**



# How to practice Medicine in America

USMLE Step 1

USMLE Step 2 CK

USMLE Step 2 CS



- Start Early.
- Focus
- Talent
- Believe in yourself

# First things first

- 1-2 year full-time job.
- Setting a goal.
- Timetable (organize your life).
- Organize your materials.
- Work with a group (teamwork).



# Budget





## Fees and Payment

Fees | [Payment](#) | [Methods of Payment](#) | [Refunds](#) | [Forfeiture of Funds](#)

### Fees

Following are the fees encountered most frequently for ECFMG programs and services. Other fees may apply. All fees are in U.S. dollars and are subject to change without notice.

#### Application for ECFMG Certification

	Fee(s)	How to Apply	More Information
Application for ECFMG Certification	\$65	on-line using <a href="#">IWA</a>	<a href="#">Application for ECFMG Certification</a>

#### Examination

	Fee(s)	How to Apply	More Information
Step 1	\$880 - Examination Fee + <a href="#">International Test Delivery Surcharge</a> , if testing outside the United States and Canada	on-line using <a href="#">IWA</a>	<a href="#">Examination Requirements</a>
		<b>+\$150</b>	
Step 2 CK	\$880 - Examination Fee + <a href="#">International Test Delivery Surcharge</a> , if testing outside the United States and Canada	on-line using <a href="#">IWA</a>	<a href="#">Examination Requirements</a>
		<b>+\$170</b>	
Step 2 CS	\$1,535 - Examination Fee	on-line using <a href="#">IWA</a>	<a href="#">Examination Requirements</a>

#### [ECFMG Policies and Procedures Regarding Irregular Behavior](#)

#### ► Fees and Payment

##### Publications

- [ECFMG Information Booklet](#)
- [Certification Fact Sheet](#)
- [ECFMG Fact Card](#)

#### [The ECFMG Reporter](#)

##### Quick Links

- [IWA](#)
- [OASIS](#)
- [CVS ON-LINE](#)
- [EMSWP](#)
- [World Directory](#)
- [EPIC website](#)

#### [Contact ECFMG](#)

## On the go?

Download our mobile app.



# \$5000

# Learn how to learn

You do not have to memorize.

Questions, Questions, Questions  
(QBanks).

Work on your weaknesses.

Take notes.





# Where to Study

- Home
- Parents' house
- Library
- Friend's house

Point is...you've figured out what works for you, do it!



# Medical student doctor network strategy

<https://www.noodle.com/articles/tips-to-prepare-for-and-ace-the-usmle-step-1>



# IMG & Egyptian Groups and Forums on Facebook

<http://forums.studentdoctor.net/categories/medical-student-forums.4/>

<http://www.usmle-forums.com/>

<http://www.usmleforum.com/>

<http://www.prep4usmle.com/>

<https://www.facebook.com/groups/eamtarmaingroup/>



# Qbank

## KAPLAN

## USMLE World

## USMLE Rx

## QMAx



First Aid USMLE

KAPLAN

BRS

FISHER Master the Board

USMLE Step 2 Secrets

Step up to Medicine





# Videos

Pathoma

# Practice (Simulator) Exams

- NBME
- USMLE World
- Kaplan Practice Exams
- USMLE Rx



# Review Courses

- KAPLAN
- Doctor in Training

# Daily Schedule- SAMPLE

- 6AM-7AM- Breakfast
- 7AM-1PM- Read
- 1PM-2PM- Break and Lunch
- 2PM-6:00- Read some more
- 6-7 PM Break and Dinner
- 7-10 PM Questions and review
- 10-6AM Sleep







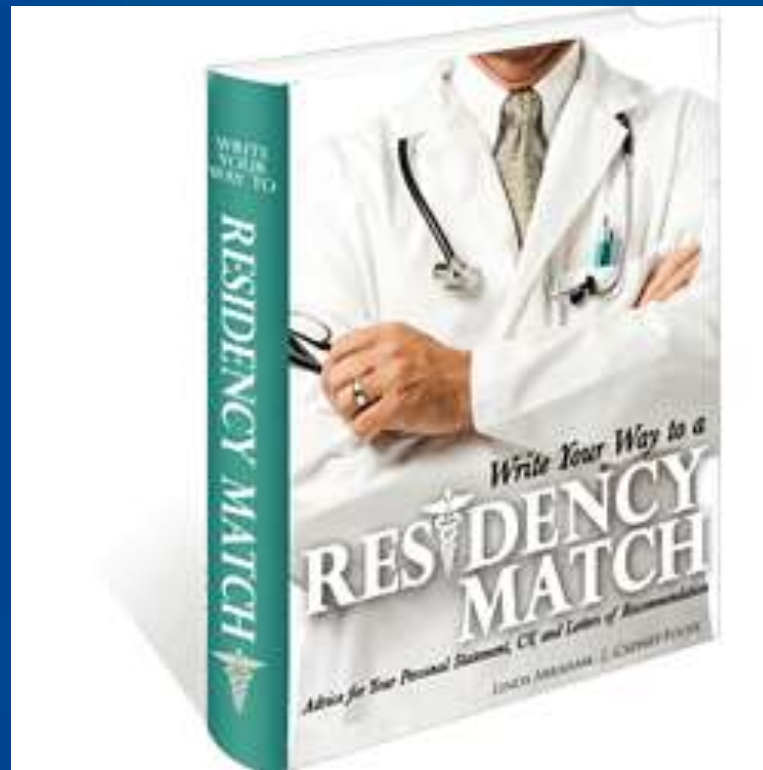
**Observership**

**Externship**

**Research**

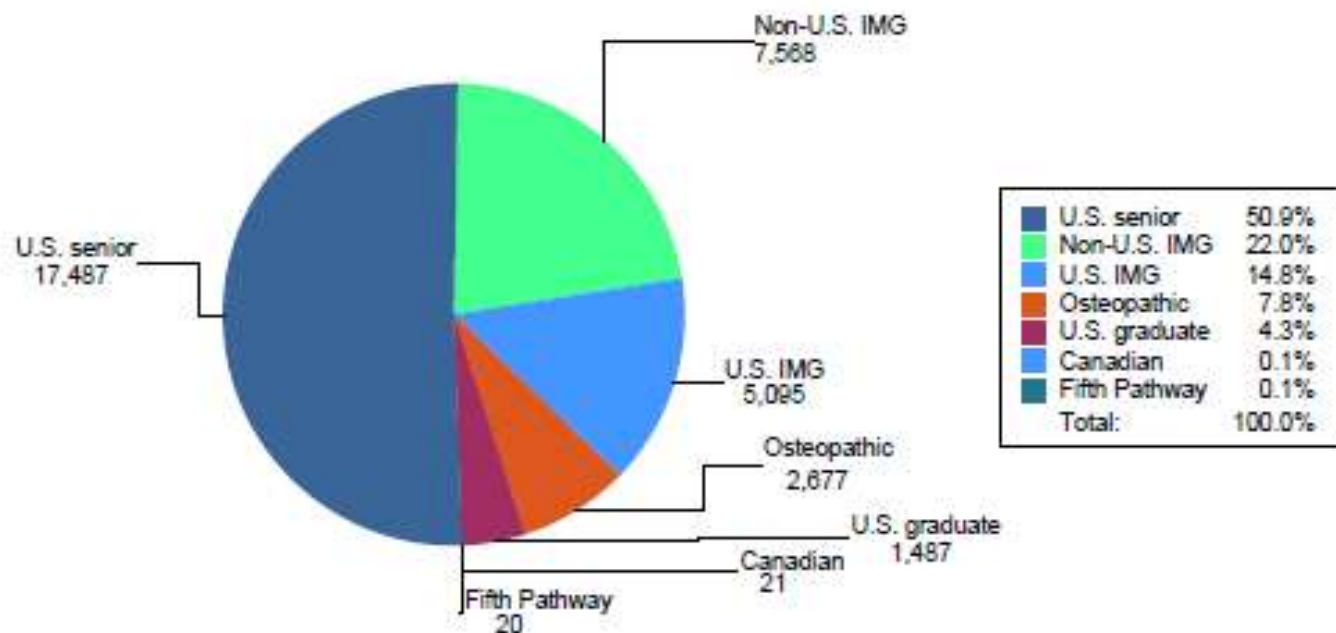


# Apply for the Residency Match



**Chart  
1**

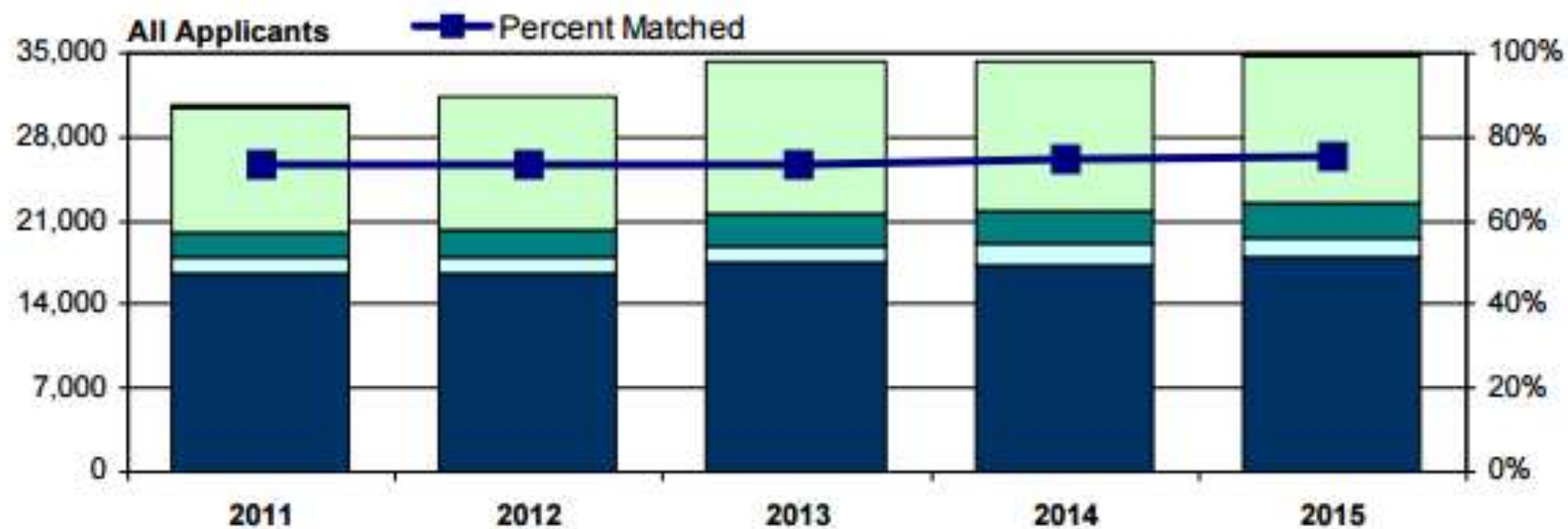
## Active Applicants in the 2013 Main Residency Match *by Applicant Type*



Source: NRMP Data Warehouse

In 2013, 34,355 medical students and graduates participated in the Main Residency Match and submitted certified rank order lists. Half of the applicants (50.9%) were senior students from U.S. allopathic schools. Together, IMGs accounted for more than one third (36.8%) of the applicant pool, including 7,568 non-U.S. citizen IMGs and 5,095 U.S. citizen IMGs.

**Figure 2** Number of Active Applicants and Percent Matched to PGY-1 Positions, 2011 - 2015

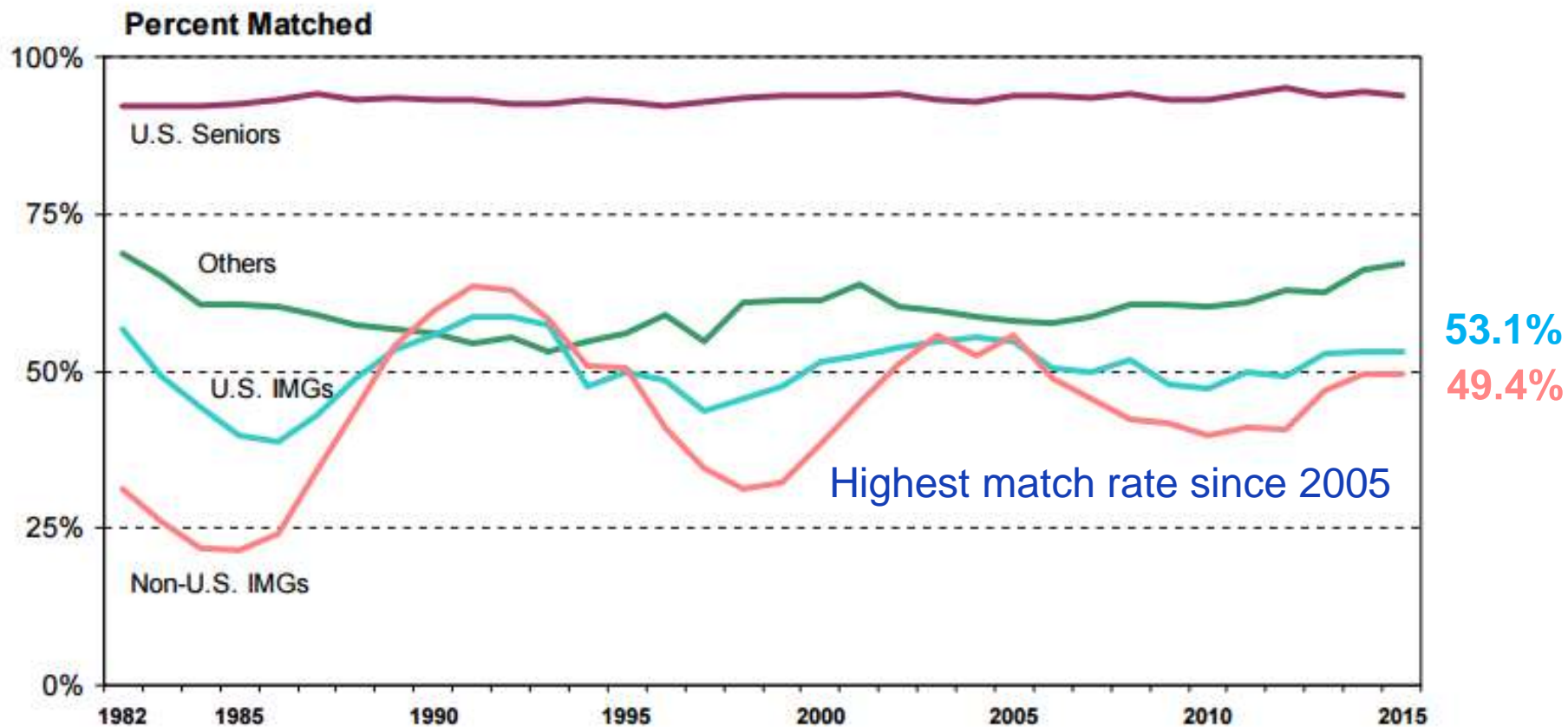




\*Foreign-trained physicians includes both U.S. citizen and non-U.S. citizen graduates of international medical schools.



**Figure 4** PGY-1 Match Rates by Applicant Type, 1982 - 2015



Number continued to grow, and at **3,641** was the highest ever.

In 2015, **67.3 %** of matched IMGs obtained positions in:  
Internal Medicine,  
Family Medicine,  
Pediatrics.

A larger proportion of IMG match to **Internal Medicine** every year since (37.5% in 2011 & **43.9%** in 2015).



# Non-US IMG

Internal Medicine (1,869)

Family Medicine (366)

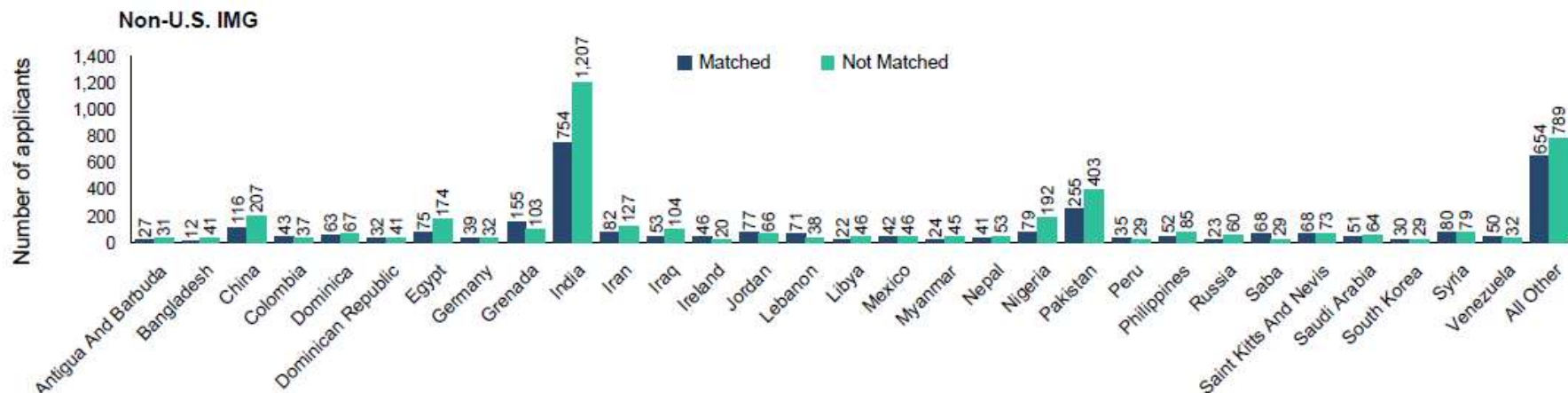
Pediatrics (254)

Surgery-Preliminary (PGY-1 Only) (179)

Neurology (170)

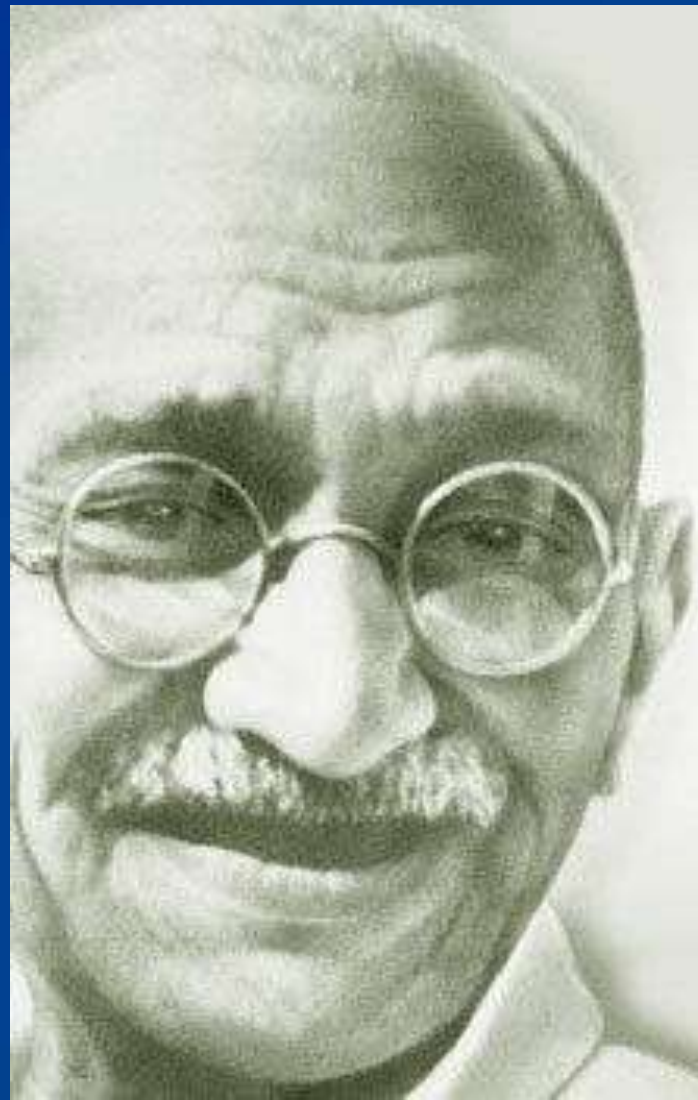


Source: NRMP Data Warehouse and ECFMG



Source: NRMP Data Warehouse and ECFMG

Match status by country of medical school for U.S. IMG and non-U.S. IMG applicants is presented in Chart 15. Only countries with at least 50 U.S. IMG applicants or non-U.S. IMG applicants are reported. Most U.S. IMGs were trained in the Caribbean countries such as Dominica, Grenada, Antigua and Barbuda, and Sint Maarten. A large number of non-U.S. IMGs were trained in India and Pakistan. Medical schools in Nigeria, China, and Egypt also contributed many physicians to U.S. residency programs.



Be the change  
you want  
to see  
in the world

-Mahatma Gandhi

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